

SHAANTI

AND THE “DO-GOODER DISCOUNT”

Working in development and/or humanitarian relief can be a rewarding professional experience— but it can also be exhausting and challenging, as seemingly urgent and compelling needs on the ground often take precedence over personal plans and priorities. Taking time out for reflection and self-care is essential to ensuring physical health, emotional balance and general well-being.

Shaanti Holistic Health Retreat would like to recognize the important contributions of relief and non-profit workers on the continent by introducing the “Do-Gooder Discount”.

Nestled in the quiet end of Diani Beach, we offer a tranquil environment for your next break, conducive to re-focusing, rejuvenation and healing. All accommodation is comprised of en-suite, sea front, luxury bedrooms, cooled with air-conditioning or the calming ocean breeze.

While none of the activities at **Shaanti** are mandatory, the resort offers guided meditation, yoga, MSRT, various massages and spa-treatments including facials, mud baths, sea-side star baths and other activities such as snorkelling and diving.

Fine blends of mouth-watering vegetarian meals are included with your stay, complemented by fresh Indian Ocean seafood and a wine list to satisfy every palate.

Mention your knowledge of the “Do-Gooder Discount” and your affiliation with a non-profit, NGO or IGO working in Africa and earn a 10% discount off your accommodation, as well as a 30 minute personal consultation with our Yoga Instructor/Therapist. We hope to welcome you soon at Shaanti!



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